

# 50 Christian Journal Prompts for Faith & Bible Study

## Scripture & Bible Study: Biblical Journal Prompts

Deepen your roots in the Word with these scripture journal prompts and bible journaling prompts.

1. Read your favorite verse today. How does it speak specifically to the challenge you are currently facing?
2. What is a "hard saying" of Jesus that you've been avoiding? What is He trying to teach you through it?
3. Describe a character in the Bible who reminds you of yourself. How did God work in their life?
4. What does the "Fruit of the Spirit" look like in your life right now? Which one needs more cultivation?
5. If you were to write a "Psalm of Lament" for your current season, what would it say?
6. How does the story of the Prodigal Son change your view of God's grace today?
7. What is a "promise" from Scripture that you are currently clinging to?
8. Read a passage about the armor of God. Which piece do you need to "put on" most intentionally this morning?
9. How does the concept of "Sabbath rest" challenge your current productivity habits?
10. Write out a verse that comforts you and break it down word by word. What do you notice?

## Prayer & Conversation: Prayer Journal Prompts

Use these Christian journaling prompts to talk to God about the "stuff" of daily life.

11. What is the one thing I am most anxious about today? Lord, I hand this to You because...
12. Who is one person I am struggling to forgive? Jesus, help me see them through Your eyes.
13. List five things I am grateful to God for today that I usually take for granted.
14. Lord, what is one area where my "will" is clashing with Yours?
15. What is a "mountain" in my life right now that I need to ask God to move?
16. How have I seen God's "hidden hand" working in my life over the last week?
17. What is a prayer I've been praying for a long time? How is God building my patience in the waiting?
18. Lord, show me one person I can serve or encourage today.
19. What does it mean to "be still and know" in a world as loud as \_\_\_\_\_ (e.g. 2026)?
20. Write a "thank you" letter to God for a prayer He answered with a "No."

# Faith & Identity: Christian Journal Prompts for Growth

Understanding your identity in Christ is essential for spiritual resilience. Use these bible journal prompts to reflect on your calling.

21. What does it mean to be "a new creation" in my specific circumstances?
22. If I truly believed I was "fearfully and wonderfully made," how would my self-talk change?
23. Where am I seeking validation from the world instead of from my Creator?
24. What is a "spiritual gift" I believe I have, and how am I using it to build the Church?
25. How am I practicing "stewardship" with the time, talent, and treasure God has given me?
26. What does "carrying my cross" look like for me on a Tuesday afternoon?
27. Who is a mentor or "Paul" in my life who helps me grow? Who is a "Timothy" I can invest in?
28. What is a "temptation" I am currently facing, and what is the "way out" God has provided?
29. Describe a time God's strength was made perfect in your weakness.
30. If my life was the only "Bible" someone ever read, what would they learn about Jesus?

# Reflection & Worship: Bible Journaling Prompts

31. What is a song or hymn that is currently the "soundtrack" of my faith?
32. How does the beauty of creation (the stars, a tree, the ocean) reflect God's character to me?
33. What is one area where I need to practice "radical obedience" right now?
34. How am I prioritizing my "quiet time" amidst a busy schedule?
35. What does the "peace that surpasses all understanding" feel like in my body?
36. Describe a "desert season" you went through. What did you find at the well?
37. How can I be a "light" in my workplace or neighborhood this week?
38. What is the most courageous thing God is calling me to do this year?
39. Write a letter to your "future self" about the faithfulness of God you see today.
40. What is the one word the Holy Spirit is whispering to my heart right now?

# Daily Scripture Check-ins

41. One thing I'm repenting of today: \_\_\_\_\_.
42. A verse that I'm memorizing this week: \_\_\_\_\_.
43. How I saw the Gospel in action today: \_\_\_\_\_.
44. My prayer for my family tonight: \_\_\_\_\_.
45. One way I was "salt and light" today: \_\_\_\_\_.
46. What I learned about God's character in my reading: \_\_\_\_\_.
47. A "burden" I am casting on the Lord: \_\_\_\_\_.
48. One thing I am trusting God for tomorrow: \_\_\_\_\_.
49. A blessing I noticed that was a "God-wink": \_\_\_\_\_.
50. "Lord, Your servant is listening..." (Write what you hear in the silence).